

# COMMUNITY IMPACT REPORT 2013-2014

**FUTURE FOR KIDS' MISSION** is to provide mentor-driven, out-of-school time programs and camps that focus on academics, athletics and ethics to improve the lives of youth who face adversity.

**VISION:** All children have the resources for a bright future.

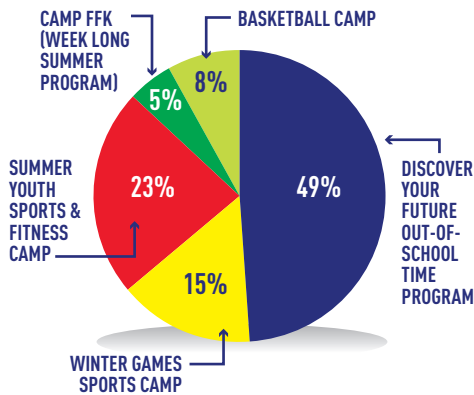
Future for KIDS conducted:

- ★ **143 Discover Your Future** out-of-school time enrichment program sessions
- ★ **3 large scale** sports and fitness camps
- ★ **Camp FFK**, a five day summer program



## YOUTH IMPACT

OUR PROGRAMS SERVED **1026 YOUTH** WHO FACE ADVERSITY



**77%** INCREASE IN HEALTHY SNACKS SERVED AT PROGRAMS

**93%** INCREASE IN HEALTHY MEALS SERVED AT PROGRAMS

## DISCOVER YOUR FUTURE PROGRAM PARTICIPANT SATISFACTION

% YOUTH	PROGRAM COMPONENT
88%	ENJOYED READING WITH THEIR MENTOR
76%	TRIED A NEW SPORT
77%	IMPROVED ATHLETIC SKILLS
94%	WANT TO RETURN TO PROGRAM

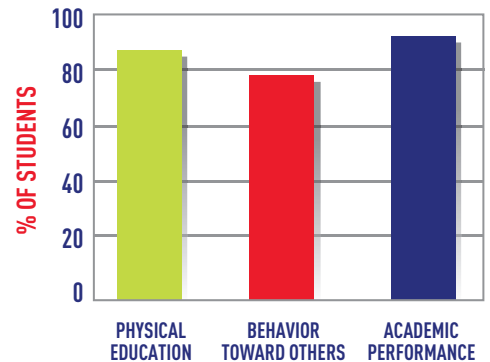
**Discover Your Future's 1:4 Child to Mentor Ratio** allowed youth to receive the individualized attention and positive role models they need to succeed.

### Benefits of Group Mentoring\*

- ★ Uses the power of peer relationships
- ★ Cost effective ★ Reduces risk factors

\*Source: Mentoring Tactics: Designing and Implementing a Group Mentoring Program. Center for Applied Research Solutions. April 2006.

## IMPROVED STUDENT ATTITUDES REPORTED BY TEACHERS



**Teacher Surveys** conducted at partner schools indicate that **Discover Your Future** enrichment program had a positive impact on students. **Findings:** 88% of students had an improved attitude toward physical education, 78% improved their behavior toward others, and 92% improved their academic performance over the semester

## VOLUNTEER IMPACT

FUTURE FOR KIDS ENGAGED **406 VOLUNTEERS**

**7,035.5 TOTAL VOLUNTEER HOURS** CONTRIBUTED (EQUIVALENT MONETARY VALUE = \$15,855.53\*)

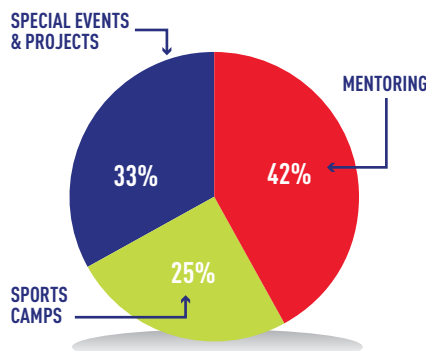
RECRUITED & TRAINED **88 VOLUNTEER MENTORS**

\*According to National Value of Volunteer Time as determined by Independent Sector.

**67%** INCREASE IN DIRECT SERVICE HOURS

**78%** INCREASE IN VOLUNTEER HOURS OVER 2012-2013

## DISTRIBUTION OF VOLUNTEER HOURS



## WORDS FROM OUR MENTORS

*"If you are looking for an organization that educates and inspires children, then you have found it." - Halie*

*"The youth participants show up every week with smiles from ear-to-ear ... a true testament to how amazing Future for KIDS is!"*

- Michelle

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## FUTURE for KIDS



### PROGRAM RATIONALE

One in four Arizonans have had one or more Adverse Childhood Experience (ACE) in their lifetime, which is an emotional or physical trauma that takes place before the age of 18. Research indicates that ACEs can lead to poor mental and physical health, less success at school and work, and lower socioeconomic status in adulthood. To actively mitigate the long term negative effects of ACEs, children require “safe spaces” and “stable, nurturing relationships with caring adults”. – *Overcoming Adverse Childhood Experiences, Phoenix Children’s Hospital*

Through its positive out-of-school time enrichment programs and sports camps, **Future for KIDS** seeks to provide a safe space for Phoenix youth and the opportunity to connect with trained, caring adult role models.

#### PROGRAM COMPONENTS:

- ★ Group Mentoring
- ★ Group Reading
- ★ Nutrition Education
- ★ Homework Help
- ★ Ethics Discussions
- ★ Fitness Activities

RESOURCES: Arizona Center for Afterschool Excellence - Overcoming Adverse Childhood Experiences, Phoenix Children’s Hospital - Designing and Implementing a Group Mentoring Program, Center for Applied Research Solutions, 2006 - Annie E. Casey Foundation - kidscount.org - U.S. Census Bureau - azchildren.org - Arizona Department of Education childrendefense.org - childhealthdata.org - Mentoring Experiences and Outcomes for Youth with Varying Risk Profiles, 2013 - Mentoring Troubled Youth by Jacob Wright, 2009, Ezine - Michigan Dropout Prevention Summit 2008 - Afterschool Alliance - Phoenix Business Journal

### THE STATE OF ARIZONA YOUTH

#### YOU SHOULD KNOW... ARIZONA RANKS

- 46TH In the Nation for **Overall Child Wellbeing**
- 44TH In the Nation for **Children Living in Poverty**
- 39TH In the Nation for **High School Student Graduation**
- 47TH In the Nation for **Childhood Obesity**



CHILDREN & TEENS DO NOT EXERCISE REGULARLY



4TH GRADERS NOT PROFICIENT IN READING



CHILDREN LIVING IN FOOD INSECURE HOMES



CHILDREN LIVE IN POVERTY



4TH GRADERS ARE BELOW PROFICIENT MATH LEVEL



YOUTH ARE UNSUPERVISED AFTER SCHOOL

#### MENTORED YOUTH ARE

- **LESS** likely to use drugs and alcohol
- **1/3 LESS** likely to hit others & skipped half as many days of school (compared to non-mentored youth)
- **46% LESS** likely to initiate use of illegal substances
- **27% LESS** likely to initiate consumption of alcohol



6991 E. Camelback Rd.  
Suite B-100  
Scottsdale, AZ 85251

PHONE (480) 947-8131  
FAX (480) 947-3729  
EMAIL: info@futureforkids.org

